

## Ayr **Figure** Skating Club Newsletter – February 2010

### Dates for your diary

20 Feb '10	Coach Group Class 10.00 – 10.30 Each coach will take their own skaters Group Class 10.30 – 11.00 and Off ice 11.15 – 12.15 Club big pad. 3.15-4.15pm Free Skating, 4.15-5.15pm Group Class
27 Feb '10	Group Class 10.00 – 10.30 and Off ice 11.00 – 12.00
28 Feb '10	Kirsty's Group Class will be held at 9-10am. Synchro (both squads) will be from 1-3pm. Club time is unchanged.
6 Mar '10	Coach Group Class 10.00 – 10.30 Each coach will take their own skaters Group Class 10.30 – 11.00 and Off ice 11.15 – 12.15 Club big pad. 3.15-5.15pm Free Skating. No Group Class
13 Mar '10	Group Class 10.00 – 10.30 and Off ice 11.00 – 12.00
20 Mar '10	Club Competition – no classes
27 Mar '10	Group Class 10.00 – 10.30 and Off ice 11.00 – 12.00 Fund Raising Beetledrive – in evening in the Curlers' Lounge. More details soon.
2 Apr '10	Small pad closes for the summer break. ALL club and Skate UK sessions on Big Pad.
3 Apr '10	Skate UK on the Big Pad Coach Group Class 10.00 – 10.30 Each coach will take their own skaters Group Class 10.30 – 11.00 and Off ice 11.15 – 12.15
8 Apr '10	TBC Last Big pad session before the summer break.

### Change of time for Saturday Group Class

From 20<sup>th</sup> February the Group Class will change in format & duration. This has been made possible following discussions with the coaches & the rink management. The club will now be able to take the ice on a Saturday until 11am every other week. On these weeks the coaches will take their own Group Class skaters from 10-10.30am, then, from 10.30-11am the "usual" Group Class will take place.

### Change of time for Synchro Training / Sunday Group Class

From 28<sup>th</sup> February the Coach's Group Class will be moved to 9-10am & Synchro Training will be moved to 1-3pm. This will allow the Synchro squad to train together during a 2hr slot. Please note that on the week when Jennifer has her Group Class the Synchro Training times will revert to 9-10am & 1-2pm with Jennifer's class from 2-3pm. As Jennifer is due to have her group class on 21 February the first time the new times will be in force is on Sunday 28<sup>th</sup> February. When big pad on a Saturday is available the Sunday Coach's Group Class will run from 1-2pm.

### British Adult Championships 2009/10

Good luck to Club Coach Elise Scholes competing in the British Adult Championships at iceSheffield on 26<sup>th</sup> – 27<sup>th</sup> February 2010.

### Magnum Open

Good luck to all club skaters competing in the Magnum Open on 12<sup>th</sup>, 13<sup>th</sup> and 14<sup>th</sup> March.

### Coaching Changes

The Club is sorry to announce that Kirsty Cameron will be leaving the Club in June. She is planning to travel round the world and we wish her every success and thank her for all the hard work she has put in for AFSC.

We are delighted to note that after a change in plans, Elise Scholes will be continuing to coach at the club. Unfortunately, the Club has lost a number of skaters to other clubs following Elise's initial announcement.

### **Skaters' Representative**

The Club would like to thank Ashley Mitchell for being a superb and inspirational Skaters' Representative. We wish her every success in her future skating and look forward seeing her at regular visits and at Open Competitions.

### **NISA Tests**

NISA tests were held on the Saturday 6<sup>th</sup> February. Congratulations to all the following skaters.

#### **FIELD MOVES:**

Thea Young Level 6 Field Moves, Lucia DiMascio Level 5 Field Moves, Jianghong Lucky Level 4 Field Moves, Laura Estcourt, Louise McCormack, Wendy Pope Level 3 Field Moves, Sophie McBarron Level 2 Field Moves, Caroline Fowler, Roseanna Keith Level 1 Field Moves

#### **ELEMENTS:**

Lewis Gibson Level 9 Elements, Claire Scobie Level 7 Elements, Caitlin Di Mascio Level 5 Elements, Thea Young Level 4 Elements, Wendy Pope Level 2 Elements, Sophie McBarron Level 1 Elements

#### **FREE PROGRAMME:**

Jonathan Wells Level 10 Free, Ashley Mitchell Level 9 Free, Heather Murdoch Level 6 Free, Caitlin Di Mascio Level 5 Free, Thea Young Level 4 Free, Thea Young Level 3 Free, Wendy Pope Level 2 Free, Marcus Hope, Sophie McBarron Level 1 Free

### **British Synchro Championships & National Opens 2009/2010**

Congratulations to Gael Force and coaches Gail McKnight and Kirsty Cameron for coming 2<sup>nd</sup> in the Elementary Competition at the National Open in Sheffield on 19<sup>th</sup> February.

### **Confirmation of rules for pairs skaters – exhibition and free pairs**

Following the committee meeting on 26 January & in consultation with the Club Coaches the following rules have been agreed.

- The coaches will monitor the numbers & levels of the skaters on the ice to judge the suitability for pairs skating.
- 1 Pair can be in a lesson while at the same time 1 pair can practise. If another pair (different to those in a lesson or practising) is about to get their music, the practice pair must stop.
- Pairs can only work on the ice if it is quiet enough (assessed by the coaches) & having asked their coach prior to starting work. It is the responsibility of the coach to get agreement from the other coaches.
- Where coaches have overlapping pairs, i.e. two pairs in a lesson at the same time, the coaches will rearrange the lessons.
- Coaches will explain to all their skaters what has been agreed & what they (the skaters) are required to do.

If you have any queries about the above please do not hesitate to ask your coach or a member of the committee.

### **Skater Etiquette**

The committee & coaches have asked that skaters & parents be reminded of the Skaters' Rules/Etiquette.

- Skaters' rules must be adhered to during all AFSC sessions
- Safety is paramount – please be aware of other skaters on the ice, at all times
- Before moving out from the barrier please check the whereabouts of other skaters
- Ice sessions are for practising – socialise or rest OFF the ice!
- Give way at ALL times to the skater wearing the safety bib
- Do not eat or drink on the ice
- Be courteous at all times to Coaches and fellow skaters. Pay your fees during your own lesson or at the end of the session not during someone else's lesson.
- Skaters should dress in clothing suitable and appropriate to the sport. They should conduct themselves in a manner that could not be misconstrued by others in attendance.
- If unable to attend a lesson booked, sufficient notice (usually by 9pm the preceding evening) must be given to allow the coach to re-allocate the slot. Failure to do so may result in the lesson fee being charged to the skater. Please make sure you are ready for your lesson at the correct time.

### **Club Competition**

The Club Competition will be held on Saturday 20th March 2010. This is a Solo Free Skating competition, there are NO pairs events. The closing date for entries is Saturday 6th March 2010 at 5pm. The draw will be held on Thursday 11th March 2010 at 6pm. The Event Levels for NISA Level Beginner & above will run as per the NISA Generic Technical Criteria 2009/10 while the split of classes for Skate UK Silver & below will be confirmed after the closing date.

The competition is open to all Main Club members. The entry fee is £10 per skater. The Entry Form with the correct Entry Fee should be sent or handed to Eleanor Alner, Club Secretary on or before the closing date. **Late entries will not be accepted.** Entry Forms are available from the Tuckshop.

Please can all the winners of returnable trophies last year please return these to the Tuckshop by 28th February.

### **A reminder - The newsletter has gone online!**

You can now keep up to date with all the club news & events from the comfort of your PC & save trees at the same time! To get your AFSC newsletter online all you need to do is follow the instructions on the club website, [www.afsc.org.uk/newsletter.html](http://www.afsc.org.uk/newsletter.html)

### **And finally.....**

Thank you to all parents/guardians who give their time helping our club be it in the tuckshop, playing the music or helping with events. The club only functions thanks to parents giving their time. The more people who participate the less we all have to do! Please talk to any of the committee members if you can help. It beats sitting around getting cold!

Please contact Eleanor Alner or any of the committee members if you have any questions or comments on the items in this newsletter or any other aspects of the running of the club. Eleanor can be contacted on 01292 571060 or via [eleanor.alner@btinternet.com](mailto:eleanor.alner@btinternet.com)