

# Ayr Figure Skating Club Open Competitions 24/25 September 2011 – RJS (6.0)

National Ice Skating Association of UK Ltd

## TECHNICAL REQUIREMENTS FOR NATIONAL SINGLES & PAIRS OPEN COMPETITIONS

FROM 1<sup>ST</sup> JULY 2011 to 30<sup>TH</sup> JUNE 2012



These competition program requirements fit with the National Test Structure requirements despite there being specification of elements in the test structure. As with the current test structure, all elements performed are as per ISU current regulations. This therefore allows skaters to perform RJS test and competition elements as per the established criteria (ISU regulations 2010) and indeed as per the IJS criteria and clarifications. (Communication 1611, 1619, 1649 and 1672)

**These Generic Criteria must be read in conjunction with the ISU Regulations 2010, any subsequent ISU communications, including the communication regarding listed jumps, and also the NISA IJS element clarifications for RJS competitions and National tests available on the NISA website.** (see Figure – Singles & Pairs – rules & regulations)

Ladies and Men may not compete together in the same singles competitions. These singles competitions must be split into separate Ladies and Men's events. This does not apply to any exhibition events where this is at the discretion of the club. Tests passed after the closing date DO NOT allow entry to be transferred to another level under any circumstances.

The Generic Criteria are the same for all Opens, whether judged under the RJS (6.0) or the IJS. However, the **Short programmes at levels 8 to 10 for singles and for Junior and Senior Pairs can be skated ONLY at IJS events.** Beginner sections will be judged using the RJS. Clubs/Rinks who apply to use the IJS are free to choose which levels between Level 1 and Level 7 are judged using the IJS and which are judged using the RJS and this must be published clearly in the announcement for the event. Due to restrictions on levels caused by the size of the ice surface, **IJS events at Levels 8 to 10 may only be skated on ice surfaces with a minimum size of 26 x 56 metres.** Permit requirements will be different for the two types of event.

Where Clubs/Rinks choose and are permitted to hold an event using the IJS, the Short Programme and Free Programme **MUST be run as 2 separate events.** Skaters are free to enter either or both of the 2 events at any level for which they meet the requirements. Many skaters will be eligible at more than one level and will choose which event they enter in association with their Coach, based on their personal plans for the season.

It may be possible to achieve test passes at some IJS Opens, working within NISA criteria. For details please see separate announcement on website.

Event Number and Competition Name	Event level	Minimum Test Requirement	Maximum Test Requirement	Program Length	Notes
Event 1 Beginner Ladies  The Event Films Trophy  Event 2 Beginner Men	Beginner	Skate UK Gold Star (Figure) or Level 1 Field Moves  A photocopy of the Skate UK passport must be submitted with the application form (unless Novice Field Moves or Level 1 Dance Moves already held)	Must not hold any of the following:  <ul style="list-style-type: none"> <li>▪ Level 1 Elements or</li> <li>▪ Level 1 Free</li> </ul>	1½ Minutes (+/- 5 seconds)	Skaters must perform a well balanced programme with linking steps, consisting of:  A maximum of 3 jump elements including <ul style="list-style-type: none"> <li>• single jumps only, excluding axel, lutz and flip</li> <li>• NO combinations or sequences are permitted</li> </ul> NB - A 3 (waltz) jump is not a listed jump and is not counted as a jump element.  A maximum of 2 spins, <ul style="list-style-type: none"> <li>• Basic position spins only are allowed with no change of foot and no change of position. (Min 3 revs)</li> </ul>

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<p>Event 3 Level 1 Ladies</p> <p>Specialist Skating Trophy</p> <p>Event 4 Level 1 Men</p>	<p>Level 1</p>	<p>Level 1 Field Moves <b>and</b> either</p> <ul style="list-style-type: none"> <li>▪ Level 1 Elements or</li> <li>▪ Level 1 Free</li> </ul>	<p>Must not hold any of the following:</p> <ul style="list-style-type: none"> <li>▪ Level 2 Elements or</li> <li>▪ Level 2 Free</li> </ul>	<p>1½ Minutes (+/- 5 seconds)</p>	<p>Skaters must perform a well balanced programme with linking steps, consisting of:</p> <p>A maximum of 4 jump elements including</p> <ul style="list-style-type: none"> <li>• single jumps only, excluding axel ,and lutz</li> <li>• A maximum of 1 jump combination or sequence consisting of only 2 single jumps, excluding axel &amp; lutz.</li> </ul> <p>A maximum of 2 spins</p> <ul style="list-style-type: none"> <li>• Basic position spins only are allowed with no change of foot and no change of position. (Min 3 revs)</li> </ul> <p>A Maximum of 1 step sequence (full ice not required)</p>
<p>Event 5 Level 2 Ladies</p> <p>The Twixt 'n' Teens Trophy</p> <p>Event 6 Level 2 Men</p>	<p>Level 2</p>	<p>Level 2 Field Moves <b>and</b> either</p> <ul style="list-style-type: none"> <li>▪ Level 2 Elements or</li> <li>▪ Level 2 Free</li> </ul>	<p>Must not hold any of the following</p> <ul style="list-style-type: none"> <li>▪ Level 3 Elements or</li> <li>▪ Level 3 Free</li> </ul>	<p>1½ Minutes (+/- 5 seconds)</p>	<p>Skaters must perform a well balanced programme with linking steps, consisting of:</p> <p>A maximum of 4 jump elements, consisting of</p> <ul style="list-style-type: none"> <li>• single jumps only (no axels allowed) i</li> <li>• A maximum of 2 jump combinations or sequences consisting of only 2 single jumps excluding axels.</li> </ul> <p>A maximum of 2 spins, 1 of which must be a change of position spin with only 1 change of position and no change of foot (Min 2 revs in each position) and the other a basic position spin with no change of foot and no change of position (Min 3 revs)</p> <p>A Maximum of 1 step sequence utilizing the full ice surface</p>
<p>Event 7 Level 3 Ladies</p> <p>The Lindsay Memorial Trophy</p> <p>Event 8 Level 3 Men</p>	<p>Level 3</p>	<p>Level 3 Field Moves <b>and</b> either</p> <ul style="list-style-type: none"> <li>▪ Level 3 Elements or</li> <li>▪ Level 3 Free</li> </ul>	<p>Must not hold any of the following</p> <ul style="list-style-type: none"> <li>▪ Level 4 Elements or</li> <li>▪ Level 4 Free</li> </ul>	<p>1½ Minutes (+/- 5 seconds)</p>	<p>Skaters must perform a well balanced programme with linking steps consisting of</p> <p>A maximum of 4 jump elements, consisting of</p> <ul style="list-style-type: none"> <li>• Single jumps only – axels allowed</li> <li>• A maximum of 2 jump combinations or sequences consisting of only 2 single jumps or axels.</li> </ul> <p>A maximum of 2 spins, 1 of which must be a change of position spin with only 1 change of position and no change of foot (Min 2 revs in each position) and the other a change of foot spin with only 1 change of foot and no change of position (Min 2 revs on each foot)</p> <p>A Maximum of 1 step sequence utilizing the full ice surface</p> <p><b>NB The axel may not be attempted more than twice in the programme</b></p>

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FROM 1<sup>ST</sup> JULY 2011 to 30<sup>th</sup> JUNE 2012



<p>Event 9 Level 4 Ladies</p> <p>The Provost's Cup for Ladies</p> <p>Event 10 Level 4 Men</p>	<p>Level 4</p>	<p>Level 4 Field Moves <b>and</b> either</p> <ul style="list-style-type: none"> <li>▪ Level 4 Elements or</li> <li>▪ Level 4 Free</li> </ul>	<p>Must not hold any of the following</p> <ul style="list-style-type: none"> <li>▪ Level 5 Elements or</li> <li>▪ Level 5 Free</li> </ul>	<p>2 Minutes (+/- 5 seconds)</p>	<p>Skaters must perform a well balanced programme with linking steps consisting of</p> <p>A maximum of 5 jump elements, consisting of</p> <ul style="list-style-type: none"> <li>• 1 axel type jump element (either solo or in combination or sequence)</li> <li>• A maximum of 2 jump combinations or sequences consisting of only 2 jumps</li> </ul> <p>A maximum of 2 spins with different ISU abbreviations. (Min 3 revs in basic position spins or min 6 revs in combination or change of foot spins)</p> <p>A Maximum of 1 step sequence utilizing the full ice surface</p> <p><b>NB The axel and each different double jump may only be attempted twice in the programme.</b></p>
<p>Event 11 Level 5 Ladies</p> <p>The AFSC Trophy for Ladies</p> <p>Event 12 Level 5 Men</p>	<p>Level 5</p>	<p>Level 5 Field Moves <b>and</b> either</p> <ul style="list-style-type: none"> <li>▪ Level 5 Elements or</li> <li>▪ Level 5 Free</li> </ul>	<p>Must not hold</p> <ul style="list-style-type: none"> <li>▪ Level 6 Elements or</li> <li>▪ Level 6 Free</li> </ul>	<p>2 Minutes (+/- 5 seconds)</p>	<p>Skaters must perform a well balanced programme with linking steps consisting of</p> <p>A maximum of 5 jump elements, consisting of</p> <ul style="list-style-type: none"> <li>• 1 axel type jump element (either solo or in combination or sequence)</li> <li>• A maximum of 2 jump combinations or sequences consisting of only 2 jumps</li> </ul> <p>A maximum of 2 spins with different ISU abbreviations ,1 of which must be a change of foot spin. (Min 3 revs in basic position spins and min 8 revs in change of position or change of foot spins)</p> <p>A Maximum of 1 step sequence utilizing the full ice surface</p> <p><b>N.B The Axel and each different double jump may only be attempted twice in the programme</b></p>

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### TECHNICAL REQUIREMENTS FOR NATIONAL SINGLES & PAIRS OPEN COMPETITIONS

FROM 1<sup>ST</sup> JULY 2011 to 30<sup>TH</sup> JUNE 2012



<p>Event 14 Level 6 Ladies</p> <p>The Somerville Trophy for Ladies</p> <p>Event 15 Level 6 Men</p>	<p>Level 6</p>	<p>Level 6 Field Moves <b>and</b> either</p> <ul style="list-style-type: none"> <li>• Level 6 Elements or</li> <li>• Level 6 Free</li> </ul>	<p>Must not hold</p> <ul style="list-style-type: none"> <li>▪ Level 7 Elements or</li> <li>▪ Level 7 Free or</li> <li>▪ Any part of any Competitive Test</li> </ul>	<p>2½ Minutes (+/- 10 seconds)</p>	<p>Skaters must perform a well balanced programme with linking steps consisting of</p> <p>A maximum of 5 jump elements, consisting of</p> <ul style="list-style-type: none"> <li>• 1 Axel type jump element (either solo or in combination or sequence)</li> <li>• A maximum of 2 jump combinations or sequences. A combination may consist of only 2 jumps. A jump sequence can contain any number of jumps, but only the 2 most difficult jumps will be counted when using the IJS.</li> </ul> <p>A maximum of 2 spins with different ISU abbreviations. (Min 3 revs in basic position spins or min 8 revs in combination or change of foot spins)</p> <p>For Ladies: A Maximum of 1 step sequence utilizing the full ice surface OR 1 spiral sequence consisting of a maximum of 2 spiral positions. The sequence (whether step or spiral) will have a fixed base value and be evaluated in GOE only.</p> <p>For Men: A maximum of 1 step sequence with a fixed base value and evaluated in GOE only.</p> <p><b>N.B. The Axel and each different double jump may only be attempted twice in the programme</b></p>
<p>Event 16 Level 7 Ladies</p> <p>The AFSC Salver for Ladies</p> <p>Event 17 Level 7 Men</p>	<p>Level 7</p>	<p>Level 7 Field Moves <b>and</b> either</p> <ul style="list-style-type: none"> <li>▪ Level 7 Elements or</li> <li>▪ Level 7 Free or</li> <li>▪ Old NISA Pre-Novice Competitive Test</li> </ul>	<p>Must not hold</p> <ul style="list-style-type: none"> <li>▪ Level 8 Elements or</li> <li>▪ Level 8 Free or</li> <li>▪ Any part of old NISA Novice Competitive Test or higher</li> </ul>	<p>3 Minutes (+/- 10 seconds)</p>	<p>Skaters must perform a well balanced programme with linking steps consisting of</p> <p>A maximum of 5 jump elements, consisting of</p> <ul style="list-style-type: none"> <li>• 1 Axel type jump element (either solo or in combination or sequence)</li> <li>• A maximum of 2 jump combinations or sequences. A combination may consist of only 2 jumps. A jump sequence can contain any number of jumps, but only the 2 most difficult jumps will be counted when using the IJS.</li> </ul> <p>A maximum of 2 spins with different ISU abbreviations. (Min 3 revs in basic position spins or min 8 revs in combination or change of foot spins)</p> <p>For Ladies: A Maximum of 1 step sequence utilizing the full ice surface OR 1 spiral sequence consisting of a maximum of 2 spiral positions. The sequence (whether step or spiral) will have a fixed base value and be evaluated in GOE only.</p> <p>For Men: A maximum of 1 step sequence with a fixed base value and evaluated in GOE only.</p> <p><b>N.B. The Axel and each different double jump may only be attempted twice in the programme</b></p>

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**FROM 1<sup>ST</sup> JULY 2011 to 30<sup>TH</sup> JUNE 2012**



<p>Event 18 Level 8 Ladies</p> <p>The AFSC Salver for Ladies</p> <p>Event 19 Level 8 Men</p>	<p><b>Level 8 Advanced Novice FREE PROGRAMME</b></p>	<p>Level 8 Field Moves <b>and</b> either</p> <ul style="list-style-type: none"> <li>▪ Level 8 Elements or</li> <li>▪ Level 8 Free or</li> <li>▪ 1 part of the old NISA Novice Competitive Test</li> </ul>	<p>Must not hold</p> <ul style="list-style-type: none"> <li>▪ Both parts of Level 9 Elements and Free</li> </ul> <p>or</p> <ul style="list-style-type: none"> <li>▪ Both parts of old NISA Primary (ISU Novice) Competitive Test or higher</li> </ul> <p><b>UNLESS UNDER 15 ON PREVIOUS 1<sup>ST</sup> JULY IN WHICH CASE THERE IS NO MAXIMUM STANDARD</b></p>	<p>Ladies 3 Minutes (+/- 10 seconds)</p> <p>Men 3 ½ Minutes (+/- 10 seconds)</p>	<p><b>FREE PROGRAMME</b></p> <p>Skaters must perform a well balanced programme with linking steps consisting of</p> <p>A maximum of 6 jump elements for ladies and 7 for men, consisting of</p> <ul style="list-style-type: none"> <li>• An axel type jump element (either solo or in combination or sequence)</li> <li>• A maximum of 2 jump combinations or sequences, consisting of only 2 jumps if in combination. In sequence the number of jumps is free but only the 2 most difficult jumps will be counted in the technical score</li> </ul> <p>A maximum of 2 spins with different ISU abbreviations, 1 of which must be a flying spin or spin with flying entry, (min 6 revs,) and 1 a combination spin (optional change of foot) with min 10 revs.</p> <p>A Maximum of 1 step sequence utilizing the full ice surface.</p> <p>N.B. Only 2 different jumps with 2 ½ revs or more can be repeated and if so should be in either a jump combination or jump sequence. No jump of 3 revs or more can be attempted more than twice in the programme. Double axel may be attempted a maximum of twice in the programme</p> <p><b>SKATERS ARE ADVISED TO READ CAREFULLY ISU COMMUNICATIONS 1619 &amp; 1672 WHICH GIVE FURTHER DETAILS REGARDING ELEMENTS</b></p>
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<p>Event 20</p> <p>Level 9 Ladies</p> <p>The Mary Morrison Kerr Cup for Ladies</p> <p>Event 21</p> <p>Level 9 Men</p> <p>The Wilson Trophy for Men</p>	<p><b>Level 9 Junior FREE PROGRAMME</b></p>	<p>Level 9 Field Moves <b>and</b> either :</p> <ul style="list-style-type: none"> <li>▪ Level 9 Elements or</li> <li>▪ Level 9 Free or</li> <li>▪ 1 part of the old NISA Primary (ISU Novice) Competitive Test</li> </ul>	<p>Must not hold</p> <ul style="list-style-type: none"> <li>▪ Both parts of Level 10 Elements and Free or</li> <li>▪ Both parts of the Junior Competitive Test or higher</li> </ul> <p><b>UNLESS UNDER 19 ON PREVIOUS 1<sup>ST</sup> JULY IN WHICH CASE THERE IS NO MAXIMUM STANDARD</b></p>	<p>Ladies 3½ Minutes (+/- 10 seconds)</p> <p>Men 4 Minutes (+/- 10 seconds)</p>	<p><b><u>FREE PROGRAMME</u></b></p> <p>Skaters must perform a well balanced programme with linking steps consisting of</p> <p>A maximum of 7 jump elements for ladies and 8 for men, consisting of</p> <ul style="list-style-type: none"> <li>• An axel type jump element (either solo or in combination or sequence)</li> <li>• A maximum of 3 jump combinations or sequences. If in combination, 1 may consist of 3 jumps and the others of only 2 jumps.</li> </ul> <p>A maximum of 3 spins with different ISU abbreviations, 1 of which must be a combination spin (min 10 revs), 1 a flying spin or spin with a flying entrance (min 6 revs) and 1 a spin with only 1 basic position (min 6 revs)</p> <p>A Maximum of 1 step sequence utilizing the full ice surface. .</p> <p>N.B. Only 2 different jumps with 3 revs or more can be repeated and if so should be in either a jump combination or jump sequence. No jump of 3 revs or more can be attempted more than twice in the programme. Double axel may be attempted a maximum of twice in the programme</p> <p><b>SKATERS ARE ADVISED TO READ CAREFULLY ISU COMMUNICATIONS 1619 &amp; 1672 WHICH GIVE FURTHER DETAILS REGARDING ELEMENTS</b></p>
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<p>Event 22</p> <p>Level 10 Ladies</p> <p>The McCormack Cup for Ladies</p> <p>Event 23</p> <p>Level 10 Men</p> <p>The Clydesdale Bank Trophy for Men</p>	<p><b>Level 10 Senior FREE PROGRAMME</b></p>	<p>Level 10 Field Moves <b>and</b> either</p> <ul style="list-style-type: none"> <li>▪ Level 10 Elements or</li> <li>▪ Level 10 Free or</li> <li>▪ One part of the Junior Competitive Test</li> </ul>	<p>No maximum test requirement</p>	<p>Ladies: 4 Minutes (+/- 10 seconds)</p> <p>Men: 4½ Minutes (+/- 10 seconds)</p>	<p><b>FREE PROGRAMME</b></p> <p>Skaters must perform a well balanced programme with linking steps consisting of:</p> <p>A maximum of 7 jump elements for ladies and 8 for men, consisting of</p> <ul style="list-style-type: none"> <li>• An axel type jump element (either solo or in combination or sequence)</li> <li>• A maximum of 3 jump combinations or sequences. If in combination, 1 may consist of 3 jumps and the others of only 2 jumps.</li> </ul> <p>A maximum of 3 spins with different ISU abbreviations, 1 of which must be a combination spin (min 10 revs) 1 a flying spin or spin with flying entry (min 6 revs) and 1 a spin with only 1 basic position (min 6 revs)</p> <p>Ladies- A Maximum of 1 step sequence and 1 choreographic spiral sequence utilizing the full ice surface, as per ISU regs 2010 and any subsequent ISU communications.</p> <p>Men – A Maximum of 2 different step sequences of a different nature. The first skated will be awarded a level of difficulty and the second a fixed base value as a choreographic step sequence.</p> <p>N.B. Only 2 different jumps with 3 revs or more can be repeated and if so should be in either a jump combination or jump sequence. No jump of 3 revs or more can be attempted more than twice in the programme. Double axel may be attempted a max of twice in the programme</p> <p><b>SKATERS ARE ADVISED TO READ CAREFULLY ISU COMMUNICATIONS 1619 &amp; 1672 WHICH GIVE FURTHER DETAILS REGARDING ELEMENTS</b></p>
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**TECHNICAL REQUIREMENTS FOR NATIONAL SINGLES & PAIRS OPEN COMPETITIONS**  
**FROM 1<sup>ST</sup> JULY 2011 to 30<sup>th</sup> JUNE 2012**



**Open Competitions for Couples/Pairs**

Event Number and Competition Name	Event level	Minimum Test Requirement	Maximum Test Requirement	Program Length	Notes
Event 24 The Carrick Lodge Cup	<b>Beginner Couples/Pairs</b>	Each partner must have passed Level 1 Field Moves	Must not hold any old NISA Pair Test or any part of Level 4 Singles or Dance National tests (excluding Field Moves)  Must not hold Level 2 or higher new National Pair test	Free Program of 2 minutes (+/- 5 seconds)	The programme must contain <b>ONLY</b> the following elements: <ul style="list-style-type: none"> <li>▪ Mid-line step sequence utilising the full length of the ice surface.</li> <li>▪ Second step sequence (any pattern). This <b>may</b> include spirals</li> <li>▪ Pair spin/dance spin in any position and any hold (min. 2 revs). Change of foot or position optional</li> <li>▪ Side by side solo spin (min. 3 revs)</li> </ul> Moves demonstrating quality edges, simple turns and footwork should be included. At least 3 different dance/pair holds should be demonstrated throughout the programme. Recognised pair/dance lifts are <b>not</b> allowed. Vocal music is not permitted.
Event 25	<b>Basic Novice Pairs</b>	Each partner must hold: <ul style="list-style-type: none"> <li>▪ Level 4 Field Moves</li> <li>▪ Level 4 Elements and</li> <li>▪ Level 4 Free</li> </ul> <b>AND EITHER</b> <ul style="list-style-type: none"> <li>▪ Old NISA Novice Pairs Test</li> </ul> OR <ul style="list-style-type: none"> <li>▪ New Level 3 National Pairs Test</li> </ul>	No Maximum Test Requirement	Free Program of 3 minutes (+/- 10 seconds)	A well balanced programme which must contain: <ul style="list-style-type: none"> <li>▪ Maximum 2 lifts from groups 1 and 2 only. Platter lift not permitted. One arm holds are not allowed.</li> <li>▪ One Lutz twist lift (single)</li> <li>▪ One Solo jump (single or double)</li> <li>▪ One solo spin or one pair spin (min. 5 revs in total) with no change of foot and optional change of position.</li> <li>▪ One death spiral <b>or</b> pivot figure</li> <li>▪ One spiral sequence consisting of a maximum of 2 spiral positions. (Fixed base value)</li> </ul>

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<p>Event 26</p>	<p><b>Advanced Novice Pairs FREE PROGRAMME</b></p>	<p>Each partner must hold:</p> <ul style="list-style-type: none"> <li>▪ Level 6 Field Moves</li> <li>▪ Level 4 Elements and</li> <li>▪ Level 4 Free</li> </ul> <p><b>AND EITHER</b></p> <ul style="list-style-type: none"> <li>▪ Old NISA Novice pairs Test</li> </ul> <p>OR</p> <ul style="list-style-type: none"> <li>▪ New Level 4 National Pairs Test</li> </ul>	<p>No Maximum Test Requirement</p>	<p>Free Program of 3 ½ minutes (+/- 10 seconds)</p>	<p>The well balanced programme must contain only the following elements:</p> <ul style="list-style-type: none"> <li>a) 2 different lifts (from groups 1 to 4)</li> <li>b) 1 lutz twist lift (single or double)</li> <li>c) 1 throw jumps (single or double)</li> <li>d) 1 solo jump (single or double)</li> <li>e) 1 solo spin or solo spin combination (min. 5 revs in total)</li> </ul> <p><b>OR</b></p> <ul style="list-style-type: none"> <li>1 pair spin or pair spin combination (min. 5 revs in total)</li> </ul> <ul style="list-style-type: none"> <li>f) 1 pivot figure or death spiral without restrictions</li> <li>g) 1 step sequence fully utilising the ice surface.</li> <li>h) 1 choreographic spiral sequence with at least 2 spiral positions with a fixed base value</li> </ul> <p><b>SKATERS ARE ADVISED TO READ CAREFULLY ISU COMUNICATION 1649 WHICH GIVES FURTHER DETAILS REGARDING ELEMENTS</b></p>
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